







PowerBar Ironman 70.3 Switzerland, Rapperswil-Jona
Start + Ziel | Start Area + Finish Area



-  **Swim course**
1 Lap, 1.9km | 1.2miles
-  **Bike course**
2 Laps, 90km | 56miles
-  **Run course**
2 Laps, 21.1km | 13.1miles
-  **Aid station**
-  **WC / Restrooms**
-  **Wasser / Water**
-  **Wendepunkt / Turning point**
-  **Medical**
-  **Infopoint**

